

# M Moens & Sons Christmas Help sheet

This is only a small selection of what you can find in store!

## Free range Norfolk Bronze turkeys:

Our turkeys are a special slow growing traditional breed and are raised to full adult maturity (hence 5kg starting weight). Fully mature turkeys have the benefit of a deliciously dense meat, along with a natural fat layer under the skin which helps retain moisture whilst cooking –**succulence without** the need for **basting!** In december, turkeys are **dry-plucked** by hand & **game-hung** for at least **two weeks** in the centuries-old way. This enables the rich, traditional flavour to develop fully, ensuring the finest taste & texture for christmas day.

Weight	Servings
5Kg	8 to 10
5-6Kg	10 to 12
6-7Kg	12 to 14
7-8Kg	14 to 16
8-9Kg	16 to 18
9-10Kg	18 to 20
Larger turkeys and boneless joints are also available.	

## Judy Goodmans Free range geese

All the geese are hatched from April to July and are reared on an extensive free range system. The geese graze over large grass paddocks and are fed on all natural foods: grass, corn, straw and a specially prepared ration containing no additives or growth promoters.

Weight	Servings
Small (4Kg)	4 to 6
Medium (5Kg)	6 to 8
Large (6Kg)	8 to 10

## Free range Chickens and Capons

The Mee family have been producing these high quality birds at Springfield farm in Herefordshire for over three generations. Their hard work and dedication has earned them a reputation for well-finished and tasty chickens that have an abundance of flavour.

Weight	Servings
2-3Kg	4 to 6
3-4Kg	6 to 8
4-5Kg	8 to 10

## Ducks

Free range French Mallard, Barbary, and Gressingham ducks available.

Weight	Servings
2-2.5Kg	4
2.5-3Kg	6
3+Kg	8

## Game

A wide range of game is available, please ask in store for details.

## Home-made stuffings

Our special Christmas stuffings are all homemade in small batches to a precise recipe to ensure a consistent high quality: only the finest ingredients are used. All contain free range pork, chunky bread crumbs, and pancetta (except for the plain sausage meat).

### Varieties

Home made Free range sausage meat, to add to your own stuffing mix.

Ready to stuff :

Organic sage + red onion,

Cranberry and orange (sweet),

Fresh roasted chestnuts, sultana and brandy.

## Free range Gammon (uncooked)

Organic and free-range gammon. Our gammon is dry-cured and available smoked or un-smoked. Gammon is cured leg **before it is cooked** and should not be confused on ordering.

Weight	Servings
2Kg	6 to 8
3Kg	8 to 12
4Kg	12 to 16
5Kg	16 to 20

## Beef

30 day matured scotch grass fed Sirloin, Fore Rib, Topside. All cut to size.

## Cooked Ham

Our organic and free-range hams are dry cured and cooked on the premises. They come either on or off the bone and are available in a number of varieties:

Smoked; honey roast, mustard roast, traditional plain, traditional breaded.

### Hams on the bone:

Come either whole or half, and range in weight between 2.5kg-3kg for a small half ham, and up to a large 7kg ham. This will give between 8 and 30 servings.

### Cooked Hams off the bone

Are available cut to any size you require, but please bear in mind any joint less than 1.5kg will look more like a thick slice than a joint. 170g per serving should be allowed.

## Bacon (suitable for larding and breakfast)

Traditional Free range dry cured bacon

Free range smoked back

Free range un-smoked back,

Free range un-smoked streaky.

Free range smoked streaky

## Sausage

Our award winning sausages are hand made on the premises. They are made in small batches to a precise recipe to ensure a consistently high quality: only the finest ingredients are used, from using only choice cuts from the same free-range meats you can see on display, to the freshest organic herbs.

Sausages will give approximately 6 per pack.

Chipolatas will give approximately 15 per pack.

Cocktails will give approximately 25 per pack.

## Multi bird roasts (Bird in a bird)

5 bird roasts: Goose+turkey+duck+guinea fowl+pheasant serves 12-16 £188.00

4 bird roasts: Turkey+duck+guinea fowl+pheasant serves 10-12 £110.00

3 bird roasts: Chicken+duck+pheasant serves 6-8 £57.00

## Stuffed turkey breast

Boneless free range bronze turkey breast with one of our home-made stuffings and wrapped in pancetta will be available for collection on the 24<sup>th</sup> December.

## Stocks

For the perfect gravy or sauces, fresh home-made unsalted stocks are available in: Turkey, Chicken, Beef, Veal and Lamb. Just add meat juice and granules to taste.

## Christmas Cheese Boards (min people)

Classic cheese board. £4.45 per head.

*Montgomery Cheddar*-Mature cheddar from Somerset, a standard bearer of English farmhouse cheddars.

*Cropwell Bishop Stilton*-An excellent prize winning blue stilton with a firm, creamy paste and mature flavour.

*Brie de Meaux-Donge*-A wonderful brie, creamy and full flavoured.

Posh George's special selection- £6.95 per head  
*Vacherin Mont D'or*-A unique cheese with an almost runny consistency and a rich, creamy flavour.

*Cropwell Bishop Stilton*-A prize-winning blue stilton with a firm, creamy paste and mature flavour.

*Godminster Organic Cheddar*-In its distinctive purple wax this is a powerful cheese with a real edge to it.

*Individual Goats Cheese*- One of Moen's delicious artisan goats cheeses.